

The Wheel

There exists a strong link between our way of interpreting reality and our potential for influencing it. The very same situation may be conceived in different ways by different individuals. What may be considered as negative and filled with conflict by one person may be indifferent to another, and even viewed as positive by a third.

In many situations we have to make choices. The choice may for instance be to act, react, stay indifferent or adjust. The choices we make mirror our attitudes, ambitions and self-confidence, and at a deeper level they form mental strategies characteristic of our general approach to life and work.

The WHEEL is a unique method for assessing an individual's attitudes and approaches. It is a kind of unstructured questionnaire in the form of a circle divided into sectors, a questionnaire, however, without any detailed questions. Instead, the test subject supplies both questions and answers.

In spite of its apparent simplicity, the WHEEL provides extensive information on the test subject's attitudes to his current life/work situation. It reveals his cognitive ability, emotional/intellectual approach, self-assertiveness and energy, and to what extent he is able, and willing, to canalize this into positive action.

The WHEEL may be used both on an individual basis and in an organizational development program. This gives it a flexibility which is unique.

The WHEEL was constructed and developed by Dr. Ben Shalit, formerly Chief Psychologist at the Israeli Defense forces, and former psychological researcher at the National Defense Research Institute of Sweden.